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Press Release

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Hassle or Haven? If you're asking yourself this question, it's time to move!

Denver, Colorado - April 28, 2009 - If you are a senior, you know it's time to move when the home you've lived in has become more of a hassle than a haven. The home of your dreams with the white picket fence has now taken you prisoner.

Let's face it - every home needs to be kept up or it will get run down very quickly. Little chores that are postponed can turn into costly repairs if neglected for too long. The maintenance and repair problems can snowball and become overwhelming. The saying goes that things tend to break down in threes, now it seems like twenty-threes.

To sum it up, living in your home has become a daily drudge. You thought retirement meant you would be free to do as you wish and enjoy your newfound freedom. Yet you find yourself spending your

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spare time now keeping up your home. Working out in actuality really means performing daily chores and home maintenance.

There's a great solution for seniors who find themselves in this predicament. Pack up the treasures you love, toss the ones you don't, and move to an age-preferred community that offers a no maintenance lifestyle! You can bring your home's sweet memories with you to your new lifestyle and enjoy your retirement years truly enjoying your newfound freedom.

Imagine, your spare time will be filled with socializing with friends and family, entertaining guests, working out in the community fitness center, traveling to both near and far destinations, taking enrichment classes to broaden your horizons, enjoying a second home in Scottsdale - whatever you desire. The chores that tied you down, - can be performed by someone else. The maintenance issues will be taken care of - by someone else!

Don't let the fears of a new lifestyle prevent you from enjoying your well-deserved retirement years. There are many independent living choices for you to consider:

55+ Active Adult Lifestyle Communities are 55+ age-restricted communities that offer resort-style amenities such as golf or a large recreation center with a calendar of social activities.

These may be ownership, rental or land lease communities. Home or health care services are generally not provided. One example of a large-scale Active Adult Community is the Heritage Eagle Bend Golf Course Community in Aurora.

Independent Living Communities offer seniors apartments for lease on a monthly basis. This type of community offers independent seniors recreational, educational and social activities amongst other seniors. Home or health care services will generally not be provided. An example of an Independent Living Community is Concordia on the Lake Apartments in Littleton.

Continuing Care Retirement Communities (CCRC) are residential campuses with apartments for lease that provide a continuum of care - from assisted living to skilled nursing care, all in one location. A large, non-interest bearing deposit is generally required that provides residents a life-time lease as well as access to the assisted living and nursing services if needed. Usually there is a medical exam prior to acceptance and ongoing financial monitoring into this type of community. Home and health care services are included in the monthly fee, whether needed or not. Examples of two of the many CCRC communities are Windcrest and Hyatt Classic Residences in Highlands Ranch.

Life Services Retirement Communities This type of community is designed to offer those who are 55+ the same home ownership advantages as your present home, as well as the inclusion of home and health support services that can be used on an "as-needed" basis. Resort-style amenities and social activities amongst seniors are also offered. Located by Arrowhead Golf Course, GrandView of Roxborough is the only Life Services Retirement Community in Metro Denver.

New to the retirement living community arena, the Life Services Retirement Community is a revolutionary new concept in age-preferred living. Its biggest distinction is the a la carte menu of home and health support services and the true deeded home ownership aspect. This type of retirement community also does not require a medical exam or financial review.

With so many choices for those 55+, why allow yourself to become a prisoner in your home with the white picket fence. Now's the time to enjoy the freedom of your retirement years in a community with like-minded people - after all, you've earned it!

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